

Strengths 2.0 Notes Page

What are your top five weaknesses?

1. _____
2. _____
3. _____
4. _____
5. _____

What are your top five strengths?

1. _____
2. _____
3. _____
4. _____
5. _____

Draw a line between any matching strength / weakness pairs.

Are any of these weaknesses potentially a hidden strength that you should explore?

Based on your weaknesses, is there something you should be doing less of or delegate away?

What strength(s) are you underutilizing? What is one strength you should be using more?

Is there someone in your life focused solely on their weaknesses that you can challenge / encourage to tap into their strengths instead? If so who?... What will you say?...
